ALS Society of Alberta

PRAIRIE TO PEAK





Update on Canadian ALS Research

By: Dr. David Taylor, PhD, Director of Research, ALS Society of Canada

ALS research in 2012 is more exciting than ever before. One way of looking at the progress in research is to think of understanding ALS akin to solving a puzzle. Only 10% of ALS is hereditary, while the remaining cases have no known cause (termed sporadic). However, scientists can identify genes that cause this 10% and use them in the laboratory to hopefully understand how motor neurons degenerate in all cases. In 1993, scientists discovered the first gene that causes hereditary (familial) ALS when altered; superoxide dismutase 1 (SOD1). SOD1 had already been studied intensively for years and researchers felt confident that they were close to understanding the disease. Unfortunately, the cause of abnormal SOD1-mediated motor neuron degeneration remains a mystery to this day. In 2006, ALS was finally associated with a new, second disease marker called TAR DNA binding protein-43 (TDP-43). Since then, many more ALS genes have been discovered and scientists feel that if they can find connections between these genes, the ALS puzzle will be solved. The good news is, researchers have already begun to put some of these pieces together and this work is identifying several new targets for therapeutic development.

Canadians are particularly important in the global effort to understand and treat ALS. In 2012, Canada is per capita one of the top countries in the G8 for publishing peer reviewed manuscripts in ALS. Our researchers are well respected by their international counterparts and have been part of some of the biggest breakthroughs in recent years. Your donations have been at the root of building our research community from only three individuals in the early 90's to more than 100 at present day. This is the time to make a difference. There is no such thing as a small donation and every little bit takes us one step further towards solving the ALS puzzle.

For more information on ALS research, visit www.als.ca/research.

ALS Clinics in Alberta - New Addresses

Edmonton ALS Clinic

4C1.101Z Edmonton Clinic

11400 University Avenue Edmonton, AB T6G 1Z1

Tel: 780-407-3718 | Fax: 780-407-8969

Website: www.ualberta.ca/als

Calgary ALS Neurosciences Clinic

South Calgary Health Centre - Room 510123 5th Floor

4448 Front Street SE Calgary, AB T3M 1M4 **Tel**: 403-956-3468 | **Fax**: 403-956-3492

Website: www.ucalgary.ca/dcns/divisions/neurology/clini-

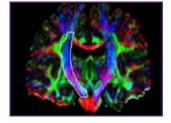
cal_excellence/neuromuscular/

Brain Imaging Research at the University Of Alberta By: University of Alberta ALS Clinic

We are seeking both healthy people and people with ALS to participate in brain imaging studies at the University of Alberta. Advanced MRI (magnetic resonance imaging) techniques are being developed to measure brain changes in ALS that cannot be seen using routine MRI methods. MRI is a safe technique that does not use harmful radiation. We hope to use our study's findings to aid in earlier diagnoses and to evaluate new treatment options. Participants will be asked to undergo a 45-60 minute scan in an MRI machine.

The minimum criteria to be eligible to participate are:

- Be able to lie flat inside an MRI machine for 45-60 minutes without moving
- No metallic objects in your body
- No pacemaker
- Greater than 40 years of age (if you do not have ALS)



For more information, or if you are interested in participating, please call the University of Alberta Hospital ALS Research Line at 780-407-2944. Information regarding our brain imaging research program can also be found on our new website, www.ualberta.ca/ALS/research.

This research is supported by the ALS Society of Canada, the Canadian Institute of Health Research and the ALS Association of America.

New Research Assistant at the University of Alberta By: University of Alberta ALS Clinic

We have the pleasure of introducing Michael Kreuzer as a new research assistant with the University of Alberta ALS Clinic! Michael joins us after he recently completed a four-year Bachelor's degree in neuroscience at the University of Alberta. He couldn't get enough of research in his degree so he figured he would bring this passion with him to the ALS research program. When he's not doing clinical research, he also enjoys all kinds of sports (especially skiing, soccer, hockey and tennis), listening to music, and spending time with his family and his girlfriend.

Michael is your main contact if you want more information about ALS research at the University of Alberta. To speak with him during business hours, you can call the ALS Clinic Research Line at 780-407-2944, or you can send him an email at Kreuzer@ualberta.ca.

Canadian Neuromuscular Disease Registry

The Canadian Neuromuscular Disease Registry (CNDR) has reached an exciting milestone of recruiting 1000 patients! Starting their second year as a 1000 patient strong registry is a significant accomplishment. As the number of patients in the registry increases, so does the registry's ability to meet its goals of increasing understanding of neurological diseases and the burden they create; improving clinical care and disease management; and helping to facilitate research and clinical trials.

Additionally, the CNDR will start to collect more detailed medical information from those ALS patients who choose to provide it. By collecting this additional information, the registry hopes to better facilitate research to improve the knowledge about ALS. All existing Calgary ALS patients already in the registry should have received a package by mail explaining this change and how to provide permission for additional data collection.

For more information, visit www.cndr.org.

Board And Staff Work To Set Stage For The Future Building on a Strong and Caring Foundation

On October 13, members of the ALS Board of Directors and Society staff from around the province gathered in Calgary to undertake developing the framework for the future. At the core of their discussion and visioning was a common understanding that the Society will commit itself to continue building on the strong and caring foundation serving those living with and affected by ALS in Alberta.

The current Strategic Plan will complete its cycle in 2013, we had a chance to review the progress the dedicated staff and volunteers made on the goals and tasks in our current plan. We took the time to review and renew our vision/mission and values, and confirmed that these remain relevant to our work for the next five years. We also had a chance to focus on future opportunities and challenges to ensure those living with ALS have access to the services and support they require.

Those attending the planning session had the benefit of the expertise and leadership of Consultant Barbara Pedersen, who worked closely with the Society in the formulation of its last Strategic Plan. As facilitator, she challenged the participants to explore the societal challenges that impact the delivery of services and support, and the opportunities that arise through collaboration and partnership.

At the end of the one day session, staff and board members agreed there is tremendous value in coming together to discuss, explore and plan. Everyone felt the session left them invigorated, committed and appreciative of the chance to be a part of a wonderful team working together to help the ALS community of Alberta.

Message from Executive Director, Karen Caughey

Thank you to everyone in the ALS Community for supporting our mission in making each day the best possible day for people living with and affected by ALS.

I had a wonderful opportunity to meet many of you over the summer at the WALKS for ALS, Betty's Run, the Charitee Golf Tournament, Judy Schweitzer Curl for a Cure Funspiel, Tuesdays with Morrie and numerous other events across the province. Meeting our volunteers and supporters are the highlight of my year!

I made my first trip to Peace River and Fort McMurray this summer to each of their inaugural WALK for ALS. It was an amazing experience as I had the pleasure of meeting so many families. I am so thankful for the time and effort that our volunteers generously give to us to ensure we can provide the best possible supports. Because of your efforts, we have been able to expand our client services team across Alberta.

We could not do what we do without you (the community) behind us. A special thank you to our Board of Directors. They are a committed group of passionate people that guide our Society.

"Never doubt that a small group of thoughtful, committed, citizens can change the world.

Indeed, it is the only thing that ever has." – Margaret Mead-

WALK for ALS - Training 2013

On November 17, staff and volunteer WALK for ALS coordinators from across the province met in Edmonton for a full day of WALK for ALS training. This was an amazing opportunity for coordinators and staff to meet those who represent the ALS Society of Alberta at our annual event in so many communities.

The day-long session consisted of the following workshops:

- Defining Our Impact: The ALS Case for Support
- Raising Our Impact: Participant Fundraising
- Leveraging Our Impact: Walk Day Experience
- Coordinating Our Impact: Tools and Resources
- Recognizing Our Impact: Volunteer Outreach and Engagement

It is our hope that the WALK for ALS will continue to be a successful event and will raise even more funds to support local client services and equipment, as well as national research for a cause and cure for ALS.

A big thank you goes out to all of the WALK for ALS coordinators, who continue to tirelessly give their time to our cause.

If you would like to start a WALK for ALS in your community, contact Lindsay by phone at 403-228-3857 or by email at Lindsay@alsab.ca. For a listing of upcoming walks, see page 8.

Community Support

Carswell - a Thomson Reuters Business

Shelagh Mikulak's past employer Carswell - a Thomson Reuters Business recently donated \$3,000 to the ALS Society of Alberta. Thank you so much for your support!



Jane accepting the donation

Grants Received

CREB Charitable Foundation



The ALS Society of Alberta was nominated by volunteer Sharon Weir for the Calgary Real Estate Board's (CREB) \$25,000 for 25 Program in celebration of the 25th Anniversary of the CREB® Charitable Foundation. Through this program, 25 charities would be chosen to win \$25,000 - all they had to do was have the highest amount of votes from local realtors belonging to CREB between September 24 and October 21. Out of 97 charities nominated, the ALS Society of Alberta came in fifth in the Vulnerable Populations category with 2,806 votes. We are a proud recipient of one of the \$25,000 gifts! Funds will go to support client services in Calgary. Thank you to all who voted for us, we truly couldn't have won without you!

Third Party Events FUNDRAISERS

August - November 2012

A big thank you goes out to everyone who has taken the time to raise awareness and funds for the ALS Society of Alberta. Here are a few of the wonderful fundraisers put on in support of the ALS Society in the last couple of months:

Viterra Jean Day

During the summer months, *Bailey Jelinski* organized a Jean Day fundraiser at *Viterra* in Calgary! Staff members were asked to donate funds in order to wear jeans on Fridays! Over \$300 was raised in this great fundraiser! Thanks Bailey and Viterra!

Summer Student Olympics

From August 7 - 10, **TAQA North Ltd.** in Calgary ran an office event, Summer Student Olympics. Summer students were pledged for certain activities with funds being donated to the ALS Society of Alberta. Leading this event, **Sydney Webster** and her colleagues donated over \$5,900 to the Society! Thank you so much Sydney and TAQA North Ltd!

Yard Sale for ALS

Paula Bjornson held a yard sale at her home on the weekend of August 11. Paula's uncle passed away from ALS and the yard sale was held in his honour. Over \$600 was raised over the weekend through sales and donations. Thank you Paula!

Saz's Soldiers Golf Tournament

On Friday August 17, Saz's Soldiers held their 1st Annual Charity Golf Tournament in Beaumont in honour of Derek Sasyniuk who is living with ALS. Guests were treated to lunch and dinner, as well as great prizes and auctions throughout the day. Funds raised from the tournament went to support Derek's two young daughters, as well as to the ALS Society. Over \$19,700 was donat-

ed to us — thanks so much to Saz's Soldiers, and to *Tanya and Derek Sasyniuk*.

Howard Smith Roping Tournament



The annual Howard Smith Roping Tournament took place on Friday August 17 at the Eagle Valley Roping Club. This annual tournament has locals competing in calf roping and other fun competitions. Over \$2,800 was raised for the ALS Society through this event! Thank you so much to the Smith and Overguard families for organizing this annual event!

ALS Curenament



On Sunday August 26, Jason Brown held his annual ALS Curenament at Paintball Action Games in Edmonton. This year's tournament saw 10 teams from around Alberta compete to win autographed prizes from the National Professional Paintball League, as well as the National Hockey League. This year's teams raised over \$9,000, which was split between the ALS Society of Alberta and the ALS Society of Canada. The winner of this year's tournament was Sickness, who won a spot in this year's Canadian Paintball Nationals. Jason would like to thank Jo Yachimac of Edmonton Impact, Roger Chan of Paintball Action Games and Theo Peckham of the Edmonton Oilers for their help and prize donations. Jason would also like to thank his friends and family, and the volunteers from the ALS Society who came out and ran the consession.

Hillbilly Crunch Demolition Derby



The Hillbilly Crunch Demolition Derby took place in Edson on the weekend of August 31. Friends of Barry Godsalve, who call themselves "Barry's Brigade," put his vehicle into the derby to help raise awareness for ALS. The car was driven by former caregiver Colleen Craig and over \$1,550 was raised! Thanks so much to Barry's Brigade for participating in this neat event!

Calgary International Film Festival

The ALS Society of Alberta became a Community Sponsor of the film "Jason Becker: Not Dead Yet" at the 2012 Calgary International Film Festival (CIFF). The film documents the extraordinary life of famous musical prodigy, Jason Becker, who has been battling ALS for 22 years. Using an eye communication system invented by his father, Jason is able to escape the confines of his own body and release the music that is trapped inside of his mind. The film has been viewed all over the world, as well as at the Edmonton International Film Festival. Thank you to CIFF for approaching us for this great opportunity to spread awareness about ALS!

Shave Dave to Save...ALS

From July to September, David Christensen grew his beard to raise funds for ALS. His coworkers at The Co-operators joined in his cause (in memory of his aunt Joy) and collected funds to see who would be the one to shave his beard. Shave Dave to Save ... ALS raised over \$1,550 for the ALS Society! Thank you so much!

The Canal at Delacour Charity Invitational Golf Tournament



On September 21 the 8th annual Delacour Charity Invitational Golf Tournament took place at Delacour Golf & Country Club, just outside of Calgary. Over 140 golfers took part in this fun event, which was full of prizes, auction items and a wonderful lunch and dinner. Over \$20,000 was raised for the ALS Society of Alberta! Thank you so much to *Phill Peterson, Vic Deveyrac and the rest of their committee* for your hard work over the years!

Big League Bomb



The 1st annual Big League Bomb took place on September 22 at Telus Field in Edmonton. The event was sponsored by Big League Apparel & Sports, and was put on by Troy Lutz and family in memory of Troy's uncle, Brian Eaglesham, who passed away from ALS. The event was a homerun derby in which numerous teams from across Alberta signed up to play for a prize of \$10,000 to Big League Apparel & Sports. The ALS Society of Alberta set up an information booth and received funds from the Calcutta style event, as well as from the 50/50raffle and silent auction. Funds still continue to come in from this event. Thank you so much to the Lutz family and Big League Apparel & Sports!

Lesco Distributors Show 'N Shine

On September 22, Lesco Distributors held their annual Show 'N Shine at BlackJacks Roadhouse in Nisku. The ALS Society of Alberta was chosen as the charity of choice and supplied a facepainter for the children's area. Over \$3,000 was donated to the ALS Society, it was also a great opportunity to spread ALS awareness. Thank you so much to Lesco Distributors and *Tina Clark* who helped organize the event!

Tuesdays with Morrie



Rosebud Theatre showed Tuesdays with Morrie from September 7 to October 20 in Rosebud, Alberta. The theatre asked the ALS Society to set up an awareness display for the duration of the play; set a special day for our clients to attend at a discounted rate; and donated \$5 from those tickets to the ALS Society. Over \$500 was raised from ticket sales and donations! Thank you to Rosebud Theatre, as well as Executive Director, Adam Furfaro for partnering with us for this opportunity!

Judy Schweitzer Curl for a Cure Funspiel

On November 10, Carrie Mello held her 3rd annual Judy Schweitzer Curl for a Cure Funspiel at Michener Hill Curling Club in Red Deer. The event is held in honour of her mom who is living with ALS. The day had a full roster of participants and had contests, 50/50 raffle sales and auction items. Over \$3,000 was raised for the ALS Society of Alberta! Thank you so much to Carrie and Steve for all of your hard work!

Missing Your Charitable Tax Receipt?

If you made a donation and haven't received your Charitable Tax Receipt by Dec. 15, 2012 let us know. Call our Provincial Office at 403-228-3857 and we'll make sure to have one sent.

Events UPCOMING

If you would like to host a fundraiser, please contact Lindsay at 403-228-3857 or by email at Lindsay@alsab.ca.

Art 4 ALS

Denise Collins is selling prints of her personal drawings from September to December. Denise's grandfather Gus is currently living with ALS. Net proceeds of her sales are coming to the ALS Society of Alberta. To purchase one of her great prints, you can visit her website at www.denisecollinsart4als.com.

Ron Church

Ron Church will be setting up tables selling his art work in offices in downtown Calgary. From each sale, 10% will be donated to the ALS Society of Alberta. Ron is doing this fundraiser in honour of Mickey (Maxine) Groeneveld and Abe Gold. Visit www.ronchurch.ca for more information.

Calgary Casino

Date: Jan. 29-Jan. 30, 2013 Location: Elbow River Casino

To volunteer, contact Lindsay at 403-228-3857 or at Lindsay@alsab.ca.

Edmonton Casino

Date: Feb. 24-Feb. 25, 2013 **Location:** Yellowhead Casino

To volunteer, contact Phyllis at 780-487-0754 or at Phyllis@alsab.ca.

An Evening of Vehicles & Violins Gala 2013



We are thrilled to be a part of this event again as an honoured recipient, along with Make-A-Wish Foundation of Southern Alberta and KidSport Calgary! The upcoming 2013 Vehicles and Violins Gala, hosted by the Calgary Motor Dealers Association, is always a night to remember. You can expect delicious international cuisine, entertainment provided by the Calgary Philharmonic Orchestra, live and silent auctions, all with an exclusive preview of the 2013 Calgary International Auto and Truck Show.

Date: March 12, 2013

Location: BMO Centre, Stampede Park, Calgary

To be invited to this exclusive event, please go to www.autoshowcalgary.com and sign up to become an invited guest and purchase your ticket. You can also call 403-974-0707 or email cmda@telus.net. Tickets sell out fast, so make sure to request your invitation quickly!

If you would like to become a sponsor or donate auction items, contact *Lindsay@alsab.*ca.

We hope to see you there!

Save the Date!

WALK for ALS | June - September 2013

June: Camrose, Cold Lake, Edmonton, Hinton, Peace District, Red Deer, Spruce Grove

August: Fort McMurray, Vegreville

September: Lethbridge

Volunteers are needed on the Camrose and Edmonton Walk Committees. If interested, please contact Lindsay at 403-228-3857 or email *Lindsay@alsab.ca*

Betty's Run for ALS | June 9, 2013 - Calgary

ALS Charitee Golf Tournament | June 17, 2013 - Calgary

To find out how you can support these events or to start a walk in your community, contact Lindsay at 403-228-3857 or email *Lindsay@alsab.*ca.

Every Penny Counts!

The government will be eliminating the penny from Canada's coinage system in the new year. If you have any pennies laying around, we can put them to good use!

Rolled coins can be dropped off at the Provincial or Edmonton ALS Office.

Tips & Tricks

Cheque Writing

Consider using a signature stamp made by a local rubber stamp company. This preserves independent and private financial management if writing is a problem. Remember to visit your bank for approval.

Staying Plugged In

All of the storms in Alberta this winter have reminded us how quickly the power can go out. This is why it may be helpful for you to consider alternative power sources for your home in the event of a black-out. Some pieces of equipment such as ceiling lifts and porch lifts come with emergency manual controls; however, many other things like easy lift chairs, electric beds and Bi-PAP machines may not have this option.

In order to ensure your equipment will always have power, you could consider getting a generator. Another option to consider is an uninterrupted power source (UPS), such as a portable backup power pack that can be purchased at your local hardware store. These UPS systems come in a range of prices depending on the number of watts and outlets that you need. However, it is important to be aware that the amount of time a UPS system can run for is limited and will vary depending on the amount of watts the equipment you plug into the system requires (make sure to follow manufacturer's directions).

You can also contact your local battery store to get more information and guidance.

City of Edmonton Waste Management

The City of Edmonton Waste Management Branch offers an assisted waste collection service for residents who cannot get their recycling or garbage to the curb or lane. There is no charge for this service.

For more information call 780-496-5698 or go to www.edmonton.cafor_residents/garbage_recycling/assisted-waste-collection. aspx

No More Travel Worries

When travelling in a wheelchair it can be hard to find a good hotel that has all the services you require. Here's an easy to use website that offers wheelchair accessibility reviews written by previous visitors (the website is sponsored by the Rick Hansen Foundation).

Visit www.planat.com/mapcms/rhf/query.html

Children's Corner

There are many resources available for children and youth who are affected by ALS. Here are a few books that you may find helpful!

Sesame Street - Something Small
A Story About Remembering
(Free)



Finding ways to celebrate and remember someone who has died can provide both comfort and a feeling of connection. For children and even grown-ups, it can be hard to know where to begin. In this story, you and your child will join Elmo's cousin Jesse as she discovers simple everyday ways to remember her father through familiar routines, favorite songs, stories and special comfort items.

To view this book and other resources, visit www.sesamestreet.org/grief

Our ALS Family Playbook (\$25.00)



For children and their families where a family member has been diagnosed with ALS. This book includes a parent guide, as well as over 50 pages of activities to encourage communication among family members and to help prepare children for the inevitable loss of a loved one.

To order a copy, please visit www.risingsuncenter.com and click on "Our ALS Family Playbook"

Support Groups

All Support Groups and Information Sessions are provided free of charge. They are offered in casual group settings that provide everyone with an opportunity to share their experiences, information and support.

ALS Support Groups

These groups provide support to people living with ALS, their spouses, significant others, friends and families. It gives individuals the opportunity to meet others on the ALS journey, share challenges and solutions, have some fun and socialize.

ALS Family & Spousal Support Groups

These warm and casual groups are for people who have lived or are currently living with someone affected by ALS.

Calgary

ALS Support Group

Dates: January 12, 2013 February 9

> April 13 May 4

March 9

May 25 July 27

Time: 1:30 p.m. – 3:30 p.m. **Place:** Rotary Challenger Park

Canada Alberta Century Field House

3688 48 Avenue NE

ALS Family & Spousal Support Group

Dates: December 13, 2012 January 31, 2013 February 28

March 28 April 25 May 16

Time: 6:30 p.m. – 8:30 p.m. **Place:** 8211 Churchill Drive SW

Contact Jane Rivest at 403-714-8211 or email Jane@alsab.ca for more information on Calgary's

support groups.

PLS Support Group

This group is for people living with and affected by PLS. We meet to share information, support and a few laughs too!

Dates: Monthly

Exact dates to be finalized

Time: 1:00 p.m. – 3:00 p.m. Place: 1718 14 Avenue NW

Renaissance Condo Complex at North Hill Mall

Contact Megan Blomfield at 403-620-1358 or email Megan@alsab.ca if you are interested in attending or for more details.

Edmonton

ALS Support Group

Light refreshments will be available.

Dates: Every third Tuesday of the month

January 15, 2013 February 19 March 19 April 16 May 21 June 18

Time: 1:30 p.m. – 3:00 p.m.

Place: ALS Society Edmonton Office

#314 Circle Square, 11808 St. Albert Trail NW

Life After Loss Support Group

The focus of our discussions will be on the changes after the loss of a loved one.

Dates: Every third Thursday of the month

January 17, 2013 February 21 March 21 April 18 May 16

June 20

Time: 1:30 p.m. – 3:30 p.m.

Place: ALS Society Edmonton Office

#314 Circle Square, 11808 St. Albert Trail NW

Contact 780-487-0754 for more information or to register for Edmonton's support groups.

Support Groups Continued

Leduc

ALS Support Group

Dates: Every third Tuesday of the month

January 15, 2013 February 19

March 19 April 16 May 21 June 18

Time: 1:30 p.m. – 3:30 p.m.

Place: Karunia House

4701 - 49 Avenue

Contact 780-487-0754 for more information or to

register for Leduc's support group.

Lethbridge

ALS Support Group

Dates: Every last Friday of the month

Time: 2:00 p.m.

Place: North Bridge Seniors Centre

1904 13 Avenue N

Contact Janice Zoeteman at 403-393-2663 or email

Janice@alsab.ca for more information.

Red Deer

ALS Support Group

Dates: Every other month

Exact dates to be finalized

Time: 1:15 p.m. - 3:15 p.m.Place: MS Society Office

105 - 4807 50 Avenue

ALS Family & Spousal Support Group

This group is co-facilitated by Esme Tyson and Carla

Falk.

Dates: Every third Thursday of the month

Time: 1 p.m. - 3 p.m. **Place:** Contact for details

Contact Carla Falk at 403-357-4791 or email Carla@alsab.ca for more information on Red Deer's

support groups.

Fall Updates

Thank You!

Thank you so much to the following individuals for your ongoing commitment to the ALS Society of Alberta. A big congratulations to you all for reaching these milestones!

- Karen Caughey Executive Director 5 years
- Jan Desrosiers Board of Directors 10 years
- Norm Pollock Board of Directors 5 years
- Dave Williams Board of Directors 5 years

New Staff

Skylin Herba

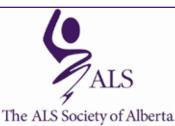
Skylin Herba has been hired as Client Services Coordinator working out of our Edmonton office. Skylin comes to the Society with her BSW and experience working in long term care and not-for-profit organizations in Grande Prairie.

Diane Kirby

Diane Kirby has been hired as the Administrative Coordinator based out of the Provincial office. Diane comes to the Society with extensive experience in human resources, administration and project management.

Please join us in welcoming Skylin and Diane to our team at the ALS Society of Alberta!

Condolences Our sincerest condolences go out to the families and friends who have lost a loved one. Thank you to those who kindly sent donations to the ALS Society of Alberta in memory of friends and loved ones affected by ALS. Your thoughtfulness is greatly appreciated.



"The Amyotrophic Lateral Sclerosis Society of Alberta is dedicated to making each day the best possible day for people living with and affected by ALS by providing support, facilitating the provision of care, promoting awareness, helping find a cure and advocating for change."

PROVINCIAL OFFICE

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> #314 Circle Square, 11808 St. Albert Trail NW Edmonton, AB T5L 4G4

EDMONTON OFFICE

Phone: (780) 487-0754 | Toll Free: 1 (866) 447-0754 Fax: (780) 486-3604 | Email: societynorth@alsab.ca

CONNECT WITH US



facebook.com/ALSALBERTA twitter.com/ALS_AB

Give the Gift of HOPE

This holiday season, consider donating to the ALS Society of Alberta! In 2011, we were able to provide support to 275 people living with ALS in the province, as well as their families. We were also able to loan out over 1,400 pieces of equipment to allow people living with ALS to stay in their own home as long as possible, while living safely and comfortably. With your support, we are able to provide **HOPE** for our clients and their families.

With the support of your friends and family, we could purchase the following items for our Equipment Loan Program:

- 12 Family Members and Friends Donate \$25 (\$300)
 - Transporter Chair
 - Walker
- 12 Family Members and Friends Donate \$30 (\$360)
 - Hospital Bed Mattress
 - Ramp (12 ft. 18 ft.)
- 12 Family Members and Friends Donate \$50 (\$600)
 - Bidet Seat
 - Apple iPad

Donating is as simple as filling out the form below, or visiting us online at www.alsab.ca.

Donation Form

. We did nike to join me / Le dedicty of / Macrice of Memory of Vinig 1 regions
I authorize the ALS Society of Alberta to withdraw my monthly donation of \$ from my bank account at the beginning / middle (circle) of each month. (Please attach a blank cheque marked VOID)
I authorize the ALS Society of Alberta to charge my monthly donation of \$ to my credit card at the beginning / middle (circle) of each month. (Fill out credit card information below)
Date Authorizing Signature
I am enclosing a one-time donation of (circle) \$25 \$50 \$100 \$250 Other \$
Enclosed is a cheque payable to the ALS Society of Alberta Please charge the above amount to my credit card (Fill out credit card information below)
Please send my charitable tax receipt to: Surname First Name Address
Address Province Postal Code Phone Email Email
Credit Card Information Select: Visa MasterCard American Express Credit Card Number Expiry Date
Please return form to the ALS Society of Alberta Provincial Office.

Your gift will help us to make each day the best possible day for those living with and affected by ALS.

PRIVACY STATEMENT: YOUR PERSONAL INFORMATION WILL NOT BE ABUSED, SOLD OR SHARED WITHOUT YOUR KNOWLEDGE OR CONSENT. FOR MORE INFORMATION, PLEASE CALL THE ALS SOCIETY OF ALBERTA'S PROVINCIAL OFFICE.

Charitable Tax Reciepts will automatically be issued for donations of \$25 or more.