

Prairie to Peak

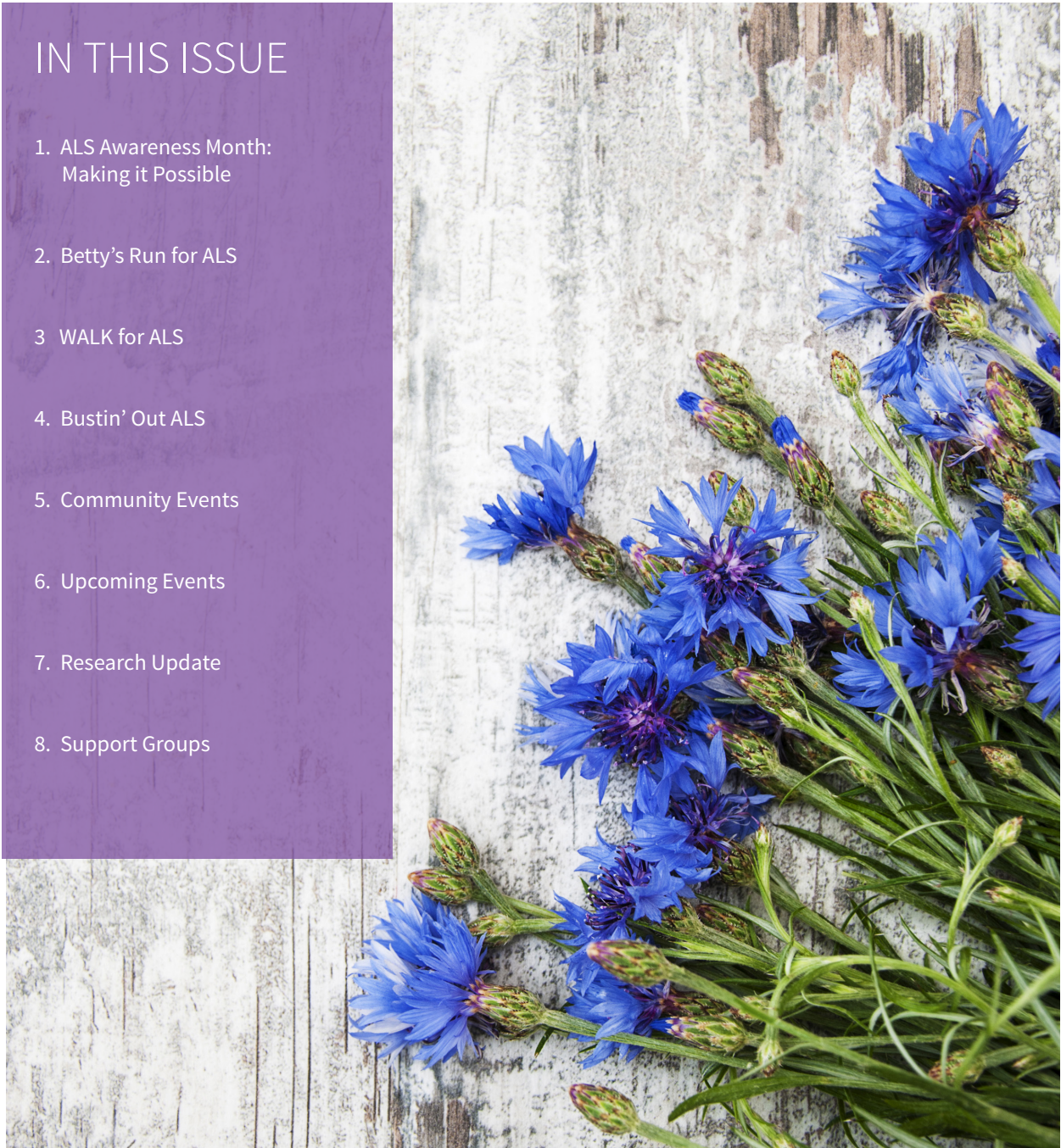
A PUBLICATION OF THE ALS SOCIETY OF ALBERTA

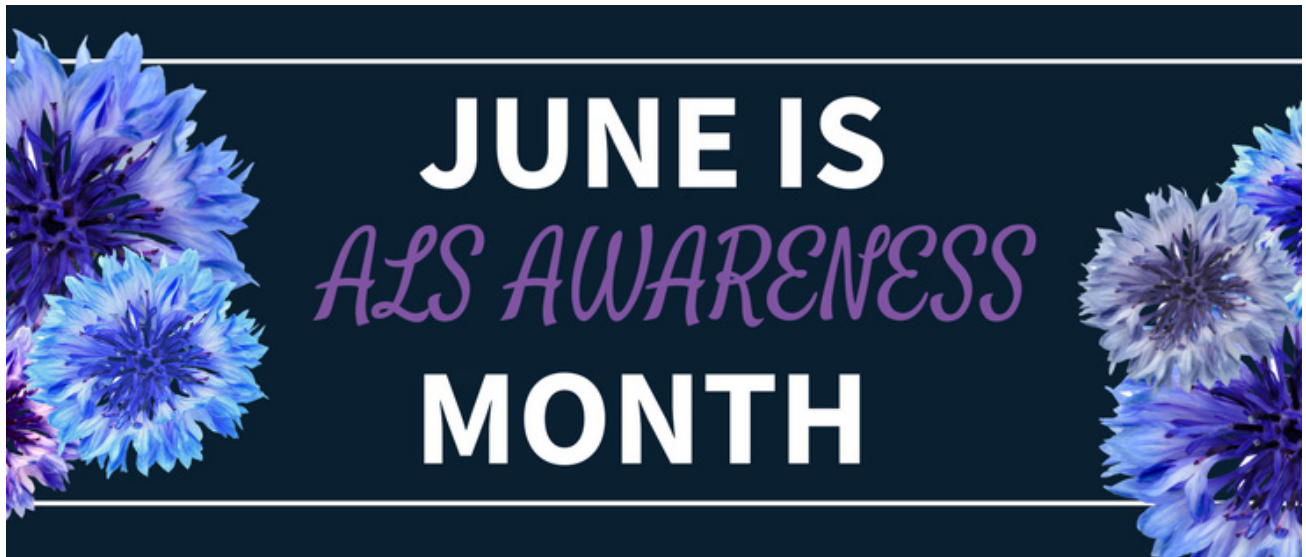
JULY 2017



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June 1 marked the beginning of amyotrophic lateral sclerosis (ALS) Awareness Month across Canada. Throughout June, the ALS Society of Alberta celebrated the lives and stories within the ALS community, by focusing on the equipment and care that make each day the best possible day for those living with and affected by the disease. The Society also connected with local, provincial and national media outlets to share its mission with a large audience.

The Society hosted seven WALKs for ALS in June and July, with two more scheduled to occur in September. Funds raised are allocated to client support services and national ALS research. In hopes of spreading further awareness, the cities of Cold Lake, Red Deer, Edmonton, Hinton, Grande Prairie and Calgary all proclaimed June as ALS Awareness Month.

Each year during ALS Awareness Month the Society encourages the ALS community to share stories of how they are able to make moments and memories possible with the help of their friends, families and caregivers. This year, 28 “Making it Possible” stories were collected from across the province, celebrating clients, volunteers, and dedicated fundraisers.

Read some of these inspiring stories on pages three and four, or visit our website at www.alsab.ca/news.



Edmonton WALK for ALS Ambassador, Fred Gillis, on Global News Edmonton



Betty's Run for ALS Ambassador, Jody Pfeifer, on Global News Calgary

ALS AWARENESS MONTH: SOCIAL MEDIA INCREASE

This past year, the Society has seen a remarkable increase in the number of people engaging with content shared on social media. The Society has been able to refine its existing

channels, while also creating a Snapchat account that has added an interactive element to both the WALKs for ALS and Betty's Run.

SOCIAL MEDIA STATS



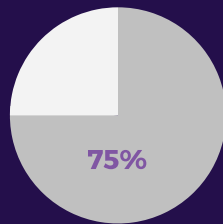
315 per cent increase in Twitter mentions



30 new followers on Instagram and a reach of over 600 users



Over 110 new Facebook Likes



of adults in Alberta use Facebook on a regular basis.

186
PER CENT

increase in Facebook reach, allowing for over 75,000 users to read the Society's content

44
PER CENT

increase in the number of people visiting the Society's Twitter feed

442
PER CENT

increase in the engagement with the Society's Facebook posts, including likes, shares and comments

ALS SOCIETY WEBSITE

The ALS Society of Alberta works diligently to keep its website updated with all of the latest news and information.

Clients can learn more about ongoing research initiatives and clinical trials in the research section, as well as find out about the latest webinars. The website also hosts information relating to client support services, including the Equipment Loan Program and the Support for Champions Program.

Event organizers and volunteers can access the website to create their own community event, inquire about sponsorship, and obtain downloadable graphics. The site also hosts a blog that publishes all of the latest news from across the province. The blog is meant to be a hub for the ALS community to access. If you have a story or an update you would like to share, please contact Lisa at lisa@alsab.ca.

The Society also updates its support group dates and event calendar on a regular basis to ensure Albertans are aware of everything that is happening in the ALS community.

Lastly, the ALS Society website grants access to an online donation portal where donors can make a contribution in memory, or in honour of a loved one. They may also register to become a monthly donor.

Equipment Loan Program

Do you have equipment in your home that you are no longer using, or that you want to get rid of?

Feel free to drop it off at the Calgary or Edmonton office, or contact Jeremy at 403-228-3857 or Jeremy@alsab.ca to arrange pick-up.

MAKING IT POSSIBLE DURING ALS AWARENESS MONTH

➔ Wayne MacIntosh



"The love of my friends and family and the hope for a cure for this terrible disease is the fuel that provides me with the inspiration to

be thankful for the life I've lived, and make the best of each and every day I have left. The WALKs for ALS are extremely important in raising awareness of this disease, and help fund research that will one day find a cure."

➔ Adam Rombough



"This disease will take my body and eventually my life but I will never let it take away my mind, my heart, my sense

of humor, or my personality. I want you to remember even though you might see me going through some physical changes I will always be me on the inside!!"

➔ Peter Benders



"The help of the ALS Society of Alberta, the ALS team at the University of Alberta, Edson Healthcare Group

the love of my friends and family and the support of Mikael Backlund with the Calgary Flames who helped in #MakingitPossible for me and my family to go to the Flames vs. Kings game in February; all of this inspires me to continue and be thankful for the life I have lived and to make the best of each day I have left."



INSPIRING CARE, HOPE & COMMUNITY

"Since being diagnosed with ALS, I have been taken to the depth of my soul, my spirit is strong, it's actually stronger than it was before.

Everyday brings a new challenge, the symptoms have hit me really fast and quick, ALS may steal my physical ability but it sure is not going to steal my heart and soul. I'm doing things now in slow motion and enjoying the things I love: sitting outside with nature, enjoying the birds, my family and friends.

The ALS Society of Alberta and Homecare have blown me away with everything they have done for me. I'm grateful for how fast I have received equipment like a hospital bed, walker, shower chair and transport chair to make my life easier. Meeting and making connections with others through the ALS Society made me feel like I wasn't alone coming out with my diagnosis and new challenges in life.

I feel like I'm not slowly dying but quickly living and my goal is to live the best life possible and make one person smile or laugh, then I have done my goal for the day!"

Warren Lafoy



PROMOTING AWARENESS AND CHANNELING HOPE

Barry Varga could always bring a smile out of anyone. With the support of his family and friends, and Barry's amazing outlook on life, Barry continued to live each day with determination, passion and humour. Barry decided he had to do something that would bring some laughter and humour at such a dark time and raise awareness about ALS.

With Judy and the girls by his side, and along with his best friends, Mike & Candace, the film, *Disabled and Dangerous* was made. This is the outcome of Barry's hilarious perspective coupled with his ambition to bring people together to make a comedy project that will raise awareness and funds for ALS.

The film was premiered at Calgary's Globe Cinema in June 2012 with more than 200 people in attendance. *Disabled and Dangerous* has played at various public and private fundraisers. This short film has won the hearts of audiences in several American Film Festivals, including the New York City Iron Mule Short Comedy Film Series.

Barry's spirit, amazing, positive outlook, lives on.

➔ Roy Eklund



I look forward to attending the monthly MND coffee group at the ALS Society. It is an uplifter and an encouragement and so great to talk to people and meet with others who are going through the same thing as me. Thank you to the ALS Society for all you have provided and all your support, you are a blessing!"

➔ Mary Lou Poscente



"At every approaching and daunting challenge this disease has presented, the ALS Society has preceded me and made the transitions easier. Grab bars, walkers, AFO Orthotics, transfer and shower chairs, and, not the least, a porch lift. Incredibly, this amazing aid has lengthened my days by at least two hours."

➔ Helen Banks



"I am very grateful to the amazing ALS Society for providing a lift chair, walker and scooter so I can manoeuvre the distance from the kitchen to the parlour and outdoors. Energy management is one of my greatest challenges and the equipment makes life easier. Many thanks to the ALS Society staff!"

21st Annual Betty's Run for ALS

Over \$400,000 was raised at Betty's Run for ALS, bringing the event to its \$7 million milestone!

Over 1,500 people gathered in North Glenmore Park on June 11 to celebrate the lives of the ALS community, and to raise awareness and funds for the ALS Society of Alberta.

Of funds raised, 60 per cent remain in Alberta for client support services, including the Equipment Loan Program, support groups, home visits, and support for youth. The remaining 40 per cent are invested into the most promising ALS research.

Betty's Run for ALS began in 1997 when Betty Norman unselfishly donated her time and effort to raise awareness about the disease, despite her own ALS battle. Her story has now stemmed into support from over 40,000 people, and over 150 volunteers who dedicate their time to bettering the event year after year. Each year, the Betty's Run for ALS planning committee chooses an Ambassador to show the public what it is like to live with the disease. The ALS

Society of Alberta was proud to welcome Jody Pfeifer as the 2017 Betty's Run for ALS Ambassador. Jody is an inspiring and cheerful woman, with a love for her cat, "Little Red", and her two dogs. She has been an advocate for ALS awareness through her involvement with the ALS Society of Alberta and the ALS community.

"LIVE your life because none of us know if someday all you'll have left is the memory of a life well lived," said Jody when she spoke about her diagnosis. "Now I am the face of ALS".

Jody said that over the past year "her day-timer has never been so full," and that she is "surrounded by friends and family." Jody gave a speech in honour of the community, as did Mayor Nenshi who gave his sincerest thanks to everyone involved with this monumental event.





Breaking records at the 17th annual Edmonton WALK for ALS

Edmonton hosted its 17th annual WALK for ALS on June 10 in William Hawrelak Park. A record-breaking \$400,000 and counting was raised for the ALS Society of Alberta, and over 1,100 people attended to celebrate the lives of those who have been affected by ALS.



The Edmonton WALK for ALS planning committee worked with a team of volunteers to pull together a successful fundraising event that channeled hope for those within the ALS community.

Of funds raised, 60 per cent will be allocated to client support services within the province, such as the Equipment Loan Program, home visits, support groups and support for youth. The remaining 40 per cent are allocated to national ALS research.



Each year, the Edmonton WALK for ALS planning committee selects an Ambassador to show the public what it is like to live with the disease. The Edmonton WALK for ALS was proud to introduce Fred Gillis as this year's Ambassador.

"I am a law enforcement officer with the RCMP and for the past 29 years I have worked in various locations across Canada. I am but one of the 'Many Faces of ALS,'" said Fred. "The WALK is all about Canadians helping Canadians."

The ALS Society of Alberta would like to thank Fred Gillis, Emcee Tim Spelliscy, and all sponsors, volunteers and participants that made this event so successful.



Cold Lake

This year's Cold Lake WALK for ALS raised over \$9,000! Pat and Michelle Feduniak, along with their family and friends, have been dedicated volunteers and supporters of the ALS Society of Alberta for many years. Without their unwavering support, the Cold Lake WALK for ALS would not be possible. Thank you to everyone who came together at the Lakeland Lutheran Church to channel hope for a future without ALS.



Grande Prairie

The Grande Prairie WALK for ALS raised over \$30,000 this year! This inspiring and successful WALK would not be possible without the hard work of Mandy Van Dresar, and her family and friends. Mandy works tirelessly to support the ALS cause in the Grande Prairie community, and has raised a great deal of awareness to help fight against this disease. Thank you, Mandy!



Red Deer

The 14th annual Red Deer WALK for ALS took place in Kiwanis Picnic Park on July 17. Hundreds of people came together to honour their loved ones through a beautiful WALK, and over \$50,000 was raised for the ALS Society of Alberta. Thank you to Michelle Parker and Deborah Hansen for your consistent hard work as WALK Coordinators, and to the entire planning committee for all that you do to support the Society!



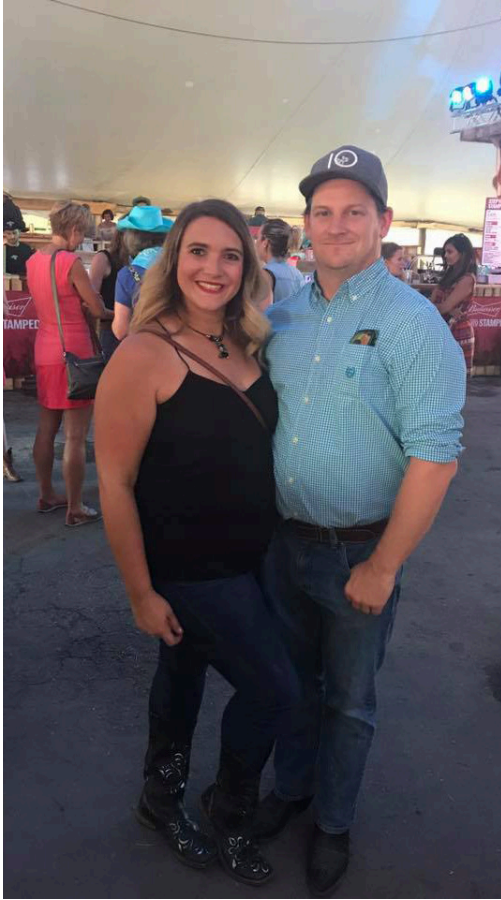
Camrose

The Camrose WALK for ALS took place in Mirror Lake Park on June 24. Over \$19,000 was raised thanks to the dedication and support from the Camrose ALS community. A big thank you goes out to Dianne Friesen for your continued hard-work in planning the Camrose WALK for ALS, and to all other donors, supporters, volunteers and participants!



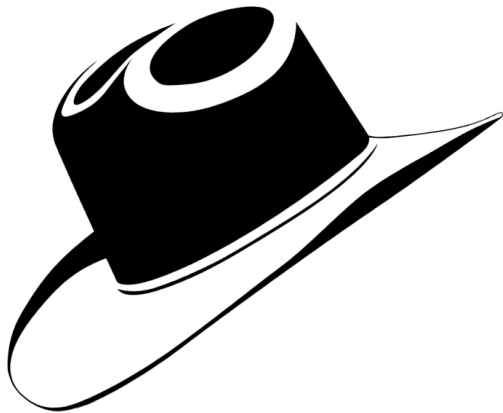
Fort McMurray

The second annual Fort McMurray WALK for ALS took place in Birchwood Trails on July 16. WALK Coordinator Paul Downey has worked tirelessly in his community to raise funds for ALS. He has hosted an art auction, distributed donation bins across town, and worked closely with the ALS Society to grow the WALK a little each year. Thank you for all of your hard work, Paul, and thank you to everyone who helped raise nearly \$4,000 for the Society!



Bustin' Out ALS

Yeehaw!



The second annual Bustin' Out ALS Stampede Fundraiser raised an incredible \$13,000 and counting. Over 200 members of the ALS community came to Ranchman's Cookhouse and Dancehall to show their support, and paint the tent purple! The event featured a 50/50, beef-on-a-bun, refreshments, and a silent auction, made possible by incredible donors in both Calgary and Edmonton. The Society was also honoured to receive two round-trip flights, anywhere WestJet flies, which was given to one lucky winner!

Thank you to everyone who came out in support of the Society, to all of the volunteers, and to those who donated online in honour of the event! See y'all next year!

COMMUNITY EVENTS

▼ ALS ZUMBATHON

Wow! The second annual Zumbathon for ALS was an amazing success! The hard work of Lisa Kempton, Cory Davison, their families and friends truly paid off as over 80 dancers took to the floor to “kick some ALS”. Over \$2,700 was raised through this event, which will make a significant impact in the Alberta ALS community.



▼ CRYSTAL'S FUN RUN

On June 11, Crystal Jaskiewicz coordinated a 10 km run in the Rainbow Valley Whitemud Ravine Trails followed by a homemade breakfast in support of the ALS Society of Alberta. Thank you for your hard work in planning this event, Crystal!

▼ WHEELCHAIR-FOR-A-DAY

The Social Studies 9 class at Coalhurst High School spent the month of May taking part in an awareness and fundraising campaign for ALS. Six student volunteers spent an entire school day in a wheelchair, living the life of a person with ALS, and the remaining volunteers acted as caregivers. The school also raised funds for the Society's Equipment Loan Program. Thank you, Coalhurst!



▲ PAINT NITE

Thank you to everyone who joined in on Sunday, June 4 for the Red Deer Paint Nite for ALS! Over 40 guests attended to attempt a cornflower and daisy painting, and an additional \$100 was raised through the 50/50! Thank you to Michelle Parker and Deborah Hansen for your continued volunteer efforts in Red Deer.

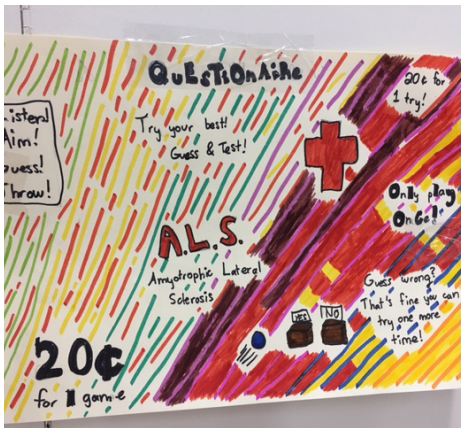


▲ SWING FOR ALS

Sixty-eight golfers attended this year's Swing for ALS Golf Tournament in Cold Lake, and raised over \$2,800 for the ALS Society of Alberta! Thank to Leon Lefebvre for your dedication to this event each year, and to all participants, donors and volunteers! This event raises a tremendous amount of awareness in the Cold Lake area.

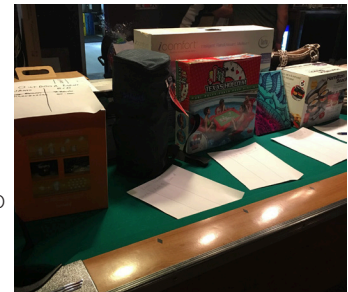
▼ QUONSET DAYS

The 2017 Quonset Days “greatest outdoor party on dirt” took place from July 21-22 in Seven Persons. Over the past eight years, Quonset Days has grown to become the largest community fundraiser for the ALS Society of Alberta. The event began as a tribute to Peter Biemans who lived with ALS, and passed away in 2009. The Biemans family then wanted to raise funds and awareness for the Society, and launched the first-ever Quonset Days in 2010. Since then, the event has raised over \$300,000! This year’s line-up included K-Mag-Yoyo, The Chevelles, Phoenix, Dan Davidson, James Barker Band, River Town Saints, and Last Chance and the Empty Cans! Thank you to everyone who attended this monumental event, and to the Biemans family for your unwavering dedication to the ALS cause, and to the ALS Society of Alberta.



▼ MARJORIE MEMORIAL GOLF TOURNAMENT

On July 15, Murphy’s Pub in Leduc held its annual Marjorie Memorial Golf Tournament. The golfers enjoyed a hot day on the links, followed by dinner, drinks and a silent auction. Thank you to everyone who attended and donated to this wonderful event!



▲ HOLY CARNIVAL FOR ALS

The grade four and five students at Holy Family School planned a 25 cent carnival for the younger elementary kids. The kids had a great time learning how to fundraise, and enjoyed the games and candy too! Thank you Holy Family School!

▼ EVERGREEN SCHOOL

On June 1, the students at Evergreen Elementary School hosted a WALK for ALS throughout the neighbourhood. In honour of a teacher that is living with ALS, the students performed a powerful dance to the “Fight Song”, and wore “I’m here for” stickers to honour the people that they knew who had been affected by ALS. A special thank you goes out to Anastasia and Mercedes Korngut who consistently raise awareness about ALS through their school!



◀ ROCKY MOUNTAIN CLASSIC

A big thank you to Sean Corcelli, Regional Vice President of Uni-Select, Western Canada, for choosing the ALS Society of Alberta as one of the recipients of the Rocky Mountain Golf Classic. It was an amazing opportunity to create awareness about ALS with over 150 golfers from across Western Canada. The ALS Society was honoured to be chosen.

UPCOMING WALKS FOR ALS

Lethbridge - Saturday, September 9

Henderson Lake Park

Registration: 10 a.m.

Kick-off: 11 a.m.

Hinton - Sunday, September 10

Green Square

Registration: 9 a.m.

Kick-off: 10 a.m.

Visit www.walkforals.ca to donate or register.



UPCOMING COMMUNITY EVENTS



AUGUST 18, 2017

COLONIALE GOLF CLUB

SHOTGUN STARTS AT 8:30 A.M.

REGISTER BY CONTACTING TANYA
780-868-8871

SIXTH ANNUAL

SAZ'S SOLIDERS CHARITY GOLF TOURNAMENT



BIG DREW'S BIG RIDE

SEPTEMBER 9, 2017

Visit www.bigdrewsbigrade.org for more information

UPCOMING WEBINARS

Virtual Research Forum

Free, two-day webinar featuring world-class ALS researchers

Wednesday, August 9 and Thursday, August 10, 2017

9 a.m. – 3 p.m.

For a disease like ALS that has no cure and few effective treatments, research is a tremendous source of hope. For the second year running, the ALS Research Program is presenting a free Virtual Research Forum open to anyone interested in learning more about some of the ALS research currently underway and therapies in development. Hosted by Dr. David Taylor, VP Research at ALS Canada, the Virtual Research Forum will feature more than twenty speakers and panelists and will take place over two days.

Register now for the Virtual Research Forum: Wednesday, August 9 and Thursday, August 10. For more information, please contact research@als.ca.

Agenda

Wed. Aug. 9

11:00 – 11:05 a.m.

Introduction by Dr. David Taylor: Welcoming Remarks

11:05 a.m. – 12:00 p.m.

Dr. Michael Strong, Western University: ALS/FTD Overview

12:00 – 12:20 p.m.

Dr. Lawrence Korngut, University of Calgary: Pimozide for the treatment of ALS

12:20 – 12:40 p.m.

Dr. Mark Ware, McGill University: Cannabis study

12:40 – 1:00 p.m.

Dr. Christen Shoemith, London Health Sciences Centre: Canadian ALS Best Practice Recommendations

1:00 – 1:30 p.m.

AB Science, Pharmaceutical Company: Masitinib for the treatment of Amyotrophic Lateral Sclerosis (ALS) – Preclinical overview of clinical development

1:30 – 3:00 p.m.

Clinical Roundtable: Dr. Wendy Johnston (University of Alberta), Dr. Colleen O'Connell (Dalhousie University), Dr. Angela Genge (Montreal Neurological Institute), Dr. Christen Shoemith (London Health Sciences Centre), etc.

3:00 – 3:30 p.m.

BrainStorm: NurOwn trials

3:30 – 4:00 p.m.

Cytokinetics, Biotechnology Company: Tirasemtiv trials

4:00 – 5:00 p.m.

Dr. Richard Bedlack, Duke Institute for Brain Sciences: Lazarus by Lunasin? Untangling an ALS X-file

Agenda

Thurs. Aug. 10

11:00 – 11:30 a.m.

Introduction by Dr. David Taylor: Ice Bucketiology

11:30 – 11:50 a.m.

Bastien Paré, Université Laval: ALS skin

11:50 a.m. – 12:10 p.m.

Dr. Martin Duennwald, Western University: ALS yeast

12:10 – 12:30 p.m.

Dr. Carl Laflamme, McGill University: Toward enhanced understanding of the function C9ORF72/SMCR8 in autophagy

12:30 – 12:50 p.m.

Dr. Phil McGoldrick, University of Toronto: C9 work/nucleocytoplasmic trafficking

12:50 – 2:20 p.m.

Preclinical Roundtable: Dr. Ian Mackenzie (University of British Columbia), Dr. Christine Vande Velde (Université de Montréal) etc.

2:20 – 2:40 p.m.

Dr. Neil Cashman, University of British Columbia: Protein misfolding in ALS

2:40 – 3:00 p.m.

Dr. Matthew Miller, McMaster University: Viral response mechanisms

3:00 – 3:20 p.m.

Elsa Tremblay, Université de Montréal: Neuromuscular junction

3:20 – 3:40 p.m.

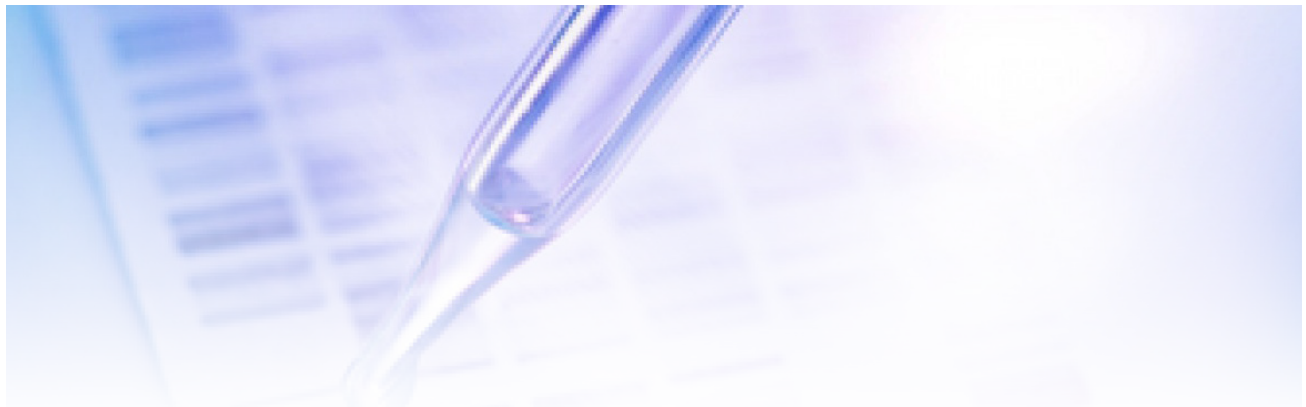
Dr. Kelvin Jones, University of Alberta: Exercise study ALS

3:40 – 4:50 p.m.

TBA

4:50 – 5:00 p.m.

Dr. David Taylor: Wrap-Up



Research Update

The past few years have made a tremendous impact in the field of ALS research, as increased funding has accelerated the pace of discovery. On June 13, Dr. David Taylor, VP of Research at ALS Canada, discussed the latest ALS research, clinical trials and funding programs.

During the webinar, Dr. Taylor shared the milestones of major discoveries since the 1940s, that have led to the identification of promising gene targets and several potential therapies in clinical trial. Below are the key highlights from the webinar:

ALS Discovery Milestones

- 1940s to 1960s: Post-mortem tissue samples and clinical observation were the only tools available for researchers to be able to understand the disease from a biological perspective. By the 1960s, it was discovered that 5 to 10 per cent of ALS cases are familial, meaning they are capable of being passed on from parents to children. The scientific community realized that if the genes involved in familial ALS could be identified, those insights could shed light on the 90 per cent of sporadic cases not linked to a family history.
- 1980s: Advances in technology meant that for the first time, it was possible to identify genes involved in the development of disease. For the ALS research community, this meant a focused effort on finding genetic mutations linked to ALS, and gene-hunting efforts began in earnest.
- 1993: SOD1 was the first gene to be identified as playing a major role in the development of ALS, in about one-fifth of familial/hereditary cases. Over the next 13 years,

researchers continued to study the SOD1 gene while also trying to identify other genes that might play a role in the development of ALS – these would provide researchers with the tools needed to create animal and cell models of the disease to understand how it is caused at the cellular and molecular level.

- 2006 to 2011: In 2006, TDP-43 was the second major biological player to be identified as having an important role in the development of ALS. Between 2007 and 2011, scientists discovered several more genes, including C9orf72, linked to ALS.
- 2012 to 2015: The rate of ALS gene discovery accelerated significantly. By the end of 2015, more than 20 genes had been identified and the list keeps growing today.
- Today, researchers are studying dozens of identified gene targets alone and in combination to look for common pathways that determine the mechanisms of disease. Avenues of investigation include inflammation, RNA metabolism defects, misfolded protein errors and cell trafficking mistakes.

In addition to the milestones above, an encouraging number of clinical trials are underway to test new therapies for ALS. Dr. Lawrence Korngut of the University of Calgary is currently pursuing phase two of the Pimozide clinical trial, a psychiatric medication that has seemed promising as a potential treatment for ALS.

To learn more about ALS research updates, visit www.alsab.ca/research.

SUPPORT GROUPS

All support groups and information sessions are provided free of charge. They are offered in casual group settings that provide everyone with an opportunity to share their experiences, information and support. Please note that the groups may be cancelled due to inclement weather - be sure to take down the contact information below.

ALS SUPPORT GROUP

These groups provide support to people living with ALS, their spouses, significant others, friends and families. It gives individuals the opportunity to meet others on the ALS journey, share challenges and solutions, have some fun and socialize.

ALS FAMILY AND SPOUSAL SUPPORT GROUP

These warm and casual groups are for people who have or are currently supporting someone affected by ALS.

STAYING IN TOUCH

This group was created for those who have lost someone to ALS.

NEUROMUSCULAR DISORDER SUPPORT GROUP

For people living with and affected by PLS, Kennedy's and other neuromuscular disorders.

YOUTH GROUP

For youth who have a parent or relative who has been affected by ALS.

Calgary

ALS Support Group

Dates: Sept. 9, Oct. 14, Nov. 4, Dec. 2
Time: 1:30 p.m. - 3:30 p.m.
Place: ALS Society Calgary Office
Contact: 403-714-8211 | Jane@alsab.ca

ALS Family & Spousal Support Group

Dates: Aug. 24, Sept. 21, Oct. 19, Nov. 23
Time: 6:30 p.m. - 8:30 p.m.
Place: 8211 Churchill Drive SW
Contact: 403-714-8211 | Jane@alsab.ca

Staying in Touch

Dates: Aug. 14, Oct. 2, Dec. 4
Time: 6:30 p.m. - 8:30 p.m.
Place: ALS Society Provincial Office
Contact: 403-620-1358 | Rob@alsab.ca

Neuromuscular Disorder Support Group

Dates: July 31, Aug. 28, Sept. 25, Oct. 30, Nov. 27
Time: 1 p.m. - 3 p.m.
Place: North Hill Mall Condo Complex | 1718 14 Ave NW
Contact: 403-620-1358 | Leslie@alsab.ca

Edmonton

ALS Support Group

Dates: Aug. 22, Sept. 19, Oct. 17, Nov. 21
Time: 1:30 p.m. - 3 p.m.
Place: ALS Society Edmonton Office
Contact: 780-487-0754 | SocietyNorth@alsab.ca

ALS Family & Spousal Support Group

Dates: Aug. 22, Sept. 19, Oct. 17, Nov. 21
Time: 1:30 p.m. - 3 p.m.
Place: ALS Society Edmonton Office
Contact: 780-487-0754 | SocietyNorth@alsab.ca

Neuromuscular Disorder Support Group

Dates: Aug. 18, Sept. 15, Oct. 20, Nov. 17
Time: 2 p.m. - 3:30 p.m.
Place: ALS Society Edmonton Office
Contact: 780-487-0754 | SocietyNorth@alsab.ca

Staying in Touch

Dates: Sept. 15, Nov. 17
Time: 11:30 a.m. - 1 p.m.
Place: ALS Society Edmonton Office
Contact: 780-487-0754 | SocietyNorth@alsab.ca

Youth Group

Dates: TBA
Time: 6 p.m. - 8 p.m.
Place: TBA
Contact: 780-487-0754 | SocietyNorth@alsab.ca

Leduc

ALS Support Group

Dates: Aug. 17, Sept. 21, Oct. 19, Nov. 16
Time: 2 p.m. - 4 p.m.
Place: Karunia House
Contact: 780-707-0381 | Brandee@alsab.ca

Lethbridge

ALS Support Group

Dates: Last Friday of the month
Time: 2 - 3:30 p.m.
Place: Nord-Bridge Seniors Centre
Contact: 403-620-1358 | Leslie@alsab.ca

“Our mission is to make each day the best possible day for people living with and affected by ALS.”

CONTACT US

PROVINCIAL OFFICE

7874 10 St NE Calgary, AB T2E 8W1
www.alsab.ca | info@alsab.ca
(403) 228-3857 | Fax (403) 228-7752
Toll Free: 1-888-309-1111

EDMONTON OFFICE

#5418 97 Street NW Edmonton, AB T6E 5C1
societynorth@alsab.ca
(780) 487-0754 | Fax (780) 486-3604
Toll Free: 1-866-447-0754

PLEASE CONSIDER MAKING A MONTHLY GIFT

I authorize the ALS Society of Alberta to withdraw my monthly donation of \$_____ from my bank account at the beginning / middle (circle) of each month. (Please attach a blank cheque marked VOID).

OR

I authorize the ALS Society of Alberta to charge my monthly donation of \$_____ to my credit card at the beginning / middle (circle) of each month. (Fill out credit card information below).

Date _____ Signature _____

I am enclosing a one-time donation of (circle) \$25 \$50 \$100 \$250 other \$_____

Enclosed is a cheque payable to the ALS Society of Alberta

Please charge the above amount to my credit card (Fill out credit card information below).

Please send my charitable tax receipt to:

Last Name _____ First Name _____

Address _____

City/Town _____ Province _____ Postal Code _____

Phone _____ E-Mail _____

Credit Card Information:

Select: Visa MasterCard American Express

Credit Card Number _____

Expiry Date _____ CVV# (3 digit located on back of card) _____

Please return this form to the ALS Society of Alberta's Provincial Office. Your gift will help us to make each day the best possible for those living with and affected by ALS.

PRIVACY STATEMENT: Your personal information will not be traded, sold, or shared without knowledge or consent. For more information, please call the ALS Society of Alberta's Provincial Office.